

# NMSVH

Apr 9, 2018 thru Apr 30, 2018

## Base Menu Spreadsheet

DINNER K-12

### Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 04/09/2018																
DINNER K-12	Total	10														
PIZZA, VARIETY	1 SLICE	10	454	42	1145	2.94	*0.99	*19.2	*487	*25.29	*0	23.18	60.39	13.37	6.37	0.00
GREEN BEANS:Seasoned 1/3 CUP	1/3 CUP	10	11	0	5	0.89	0.16	9.0	89	0.53	*0	0.44	1.78	0.0	0.00	0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			701	*45	1451	*10.24	*3.00	*238.5	*4519	*61.57	*6	*32.98	104.27	17.22	6.96	*0.00
% of Calories											*3.5%	*18.8%	59.5%	22.1%	8.9%	*0.0%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

Tue - 04/10/2018																
DINNER K-12	Total	10														
GRILLED HAM/CHEESE 2 oz m /ma	sandwich	10	322	*46	1209	*2.82	*2.47	*241.2	309	*1.6	*3	*17.74	*30.58	14.17	6.98	*0.05
COLESLAW - BASIC, 1/3 CUP	1 CUP	10	50	3	74	1.29	0.22	19.7	1431	15.99	*2	0.62	4.46	3.69	0.62	0.00
CHIPS, BBQ, BAKED, LAY'S, 1-1/2	BAG	10	140	0	240	2.00	0.00	20.0	0	2.4	*N/A*	2.0	24.0	3.5	0.50	0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			749	*52	1824	*12.52	*4.54	*491.1	*5683	*55.73	*11	*29.71	*101.15	25.20	8.69	*0.05
% of Calories											*6.0%	*15.9%	*54.0%	30.3%	10.4%	*0.1%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Apr 9, 2018 thru Apr 30, 2018

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DINNER K-12

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 04/11/2018																
DINNER K-12	Total	10														
RAVIOLI IN TOMATO & MEAT ( BEEF	1 CUP	5	270	20	760	4.00	1.80	20.0	100	0.0	*N/A*	8.0	40.0	9.0	3.50	0.00
CARROTS, GLAZED 1/4 CUP	.25 CUP	5	44	0	163	1.19	0.15	14.4	6743	1.68	*4	0.3	5.95	2.27	0.41	*0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			394	*13	762	*9.01	*2.83	*227.5	*7364	*36.58	*8	*13.51	65.08	9.48	2.54	*0.00
% of Calories											*8.3%	*13.7%	66.1%	21.7%	5.8%	*0.0%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

Thu - 04/12/2018																
DINNER K-12	Total	15														
BEEF FAJITAS w/ONION/PEPPER	4 OZ	5	198	*83	84	*0.49	*2.30	*42.4	234	*14.54	*1	*30.11	*2.04	6.91	2.44	*0.06
CHICKEN FAJITAS-NMSBVI	1 EACH	5	345	*68	157	*2.68	*2.07	*58.8	*153	*12.03	*8	28.88	22.8	14.98	*2.72	*0.50
PINTO BEANS, 1/3 cup	.33	10	89	0	10	3.99	1.33	33.6	0	1.62	*1	5.51	16.1	0.32	0.06	*0.00
SALAD,TOSSED GARDEN	1 CUP	10	85	0	56	9.02	3.77	140.0	36122	30.9	7	5.21	17.55	1.23	0.17	0.00
SALAD DRESSING,Assorted	1 TBSP	10	56	1	145	0.04	0.12	2.8	38	0.21	2	0.12	2.21	5.29	0.72	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			407	*53	282	*10.79	*5.12	*260.1	*24483	*41.97	*13	*29.89	*46.94	11.94	*2.37	*0.19
% of Calories											*12.3%	*29.4%	*46.1%	26.4%	*5.2%	*0.4%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

Fri - 04/13/2018																
DINNER K-12	Total	1														
BLANK	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
% of Calories												*N/A%*	*N/A%*	*N/A%*	*N/A%*	*N/A%*
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Mon - 04/16/2018</b>																
DINNER K-12	Total	10														
CHICKEN STRIPS, BRD-2 PIECES	2 PIECE	10	190	35	410	0.00	1.08	20.0	0	0.0	0	13.0	13.0	9.0	2.50	*N/A*
MASHED POTATOES,IDAHO, 1 /3 CUP	.33 cup	10	28	0	112	0.36	0.13	8.0	37	1.28	*N/A*	0.71	6.05	0.36	0.00	*0.00
GRAVY MIX, COUNTRY,.125 CUP	.125 CUP	10	21	0	138	0.00	0.17	0.5	0	0.0	*N/A*	0.0	2.83	0.94	0.47	*0.00
GREEN BEANS:Seasoned 1/3 C UP	1/3 CUP	10	11	0	5	0.89	0.16	9.0	89	0.53	*0	0.44	1.78	0.0	0.00	0.00
SALAD BAR STANDARD TOAST,WW, 1.4 oz,SLICE	1 CUP SLICE	1 10	128 90	*1 0	209 170	*4.87 2.00	*1.57 0.72	*47.2 0.0	*3573 0	*18.81 0.0	*2 *N/A*	*4.86 5.0	19.95 15.0	3.72 2.0	0.55 0.00	*0.00 0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT HALF PINT	5 5	0 120	0 5	0 180	0.00 0.00	0.00 0.36	0.0 300.0	0 500	0.0 1.2	*N/A* *N/A*	0.0 8.0	0.0 20.0	0.0 0.0	0.00 0.00	0.00 0.00
Weighted Daily Average % of Calories			462	*38	947	*5.27	*2.71	*205.4	*854	*20.63	*5 *4.0%	*24.14 *20.9%	62.81 54.4%	12.80 24.9%	3.06 6.0%	*0.00 *0.0%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

<b>Tue - 04/17/2018</b>																
DINNER K-12	Total	10														
CLUB SAND,WHEAT, 3oz M/MA FRIES, WAFFLE FRIES	SANDWIC 3 OZ.	10 10	320 140	33 0	1096 80	*4.36 3.00	*1.92 0.72	155.2 0.0	666 0	3.49 3.6	*1 0	25.07 2.0	33.26 22.0	11.04 5.0	3.20 1.00	0.00 0.00
CORN, YELLOW, .25 CUP	.25 CUP	1	50	0	6	0.63	0.00	0.1	0	1.51	*N/A*	1.89	11.97	0.63	0.00	*0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT HALF PINT	5 5	0 120	0 5	0 180	0.00 0.00	0.00 0.36	0.0 300.0	0 500	0.0 1.2	*N/A* *N/A*	0.0 8.0	0.0 20.0	0.0 0.0	0.00 0.00	0.00 0.00
Weighted Daily Average % of Calories			702	*36	1477	*13.83	*4.49	*365.4	*4609	*42.99	*7 *3.9%	*36.62 *20.9%	98.56 56.2%	19.95 25.6%	4.78 6.1%	*0.00 *0.0%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 04/18/2018																
DINNER K-12	Total	10														
FISH SANDWICH ON BUN	1 EACH	10	407	20	661	*1.00	3.56	0.0	0	2.4	*N/A*	20.27	51.93	13.57	2.39	*N/A*
CHIPS, BAKED, ORIGINAL, LAY'S,	BAG, 1-1/8 oz	10	130	0	200	2.00	0.36	20.0	0	2.4	*N/A*	2.0	26.0	2.0	0.00	0.00
PICKLE SPEARS, KOSHER DILL	SPEAR	10	0	0	220	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
CUCUMBER TOMATO SALAD 1/3 CUP	1/3 Cup	1	81	9	84	0.57	0.28	96.1	304	4.85	*1	2.85	1.8	6.66	2.49	*0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			667	*23	1203	*5.08	*4.39	*197.4	*758	*24.10	*5 *2.8%	*27.53 *16.5%	103.26 61.9%	16.74 22.6%	2.73 3.7%	*0.00 *0.0%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

Thu - 04/19/2018																
DINNER K-12	Total	10														
TOSTADA, BEEF	SERVING	10	337	47	1082	2.27	1.09	459.5	2583	37.99	*1	20.94	22.69	19.29	7.31	*0.00
TOSTADA, CHICKEN	SERVING	10	333	78	1064	2.27	0.82	459.5	2583	37.99	*1	20.14	22.69	19.64	8.56	*0.00
SALAD GREENS, 1 CUP	1 CUP	10	16	0	8	1.97	0.91	31.0	8187	3.76	1	1.16	3.09	0.28	0.04	0.00
DRESSING, ASSORTED, SALAD	PACKET	10	50	0	125	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	0.0	5.5	0.50	*0.00
REFRIED BEANS, .25 CUP	.25 CUP	10	65	0	180	3.00	0.90	20.0	0	0.0	*N/A*	3.0	12.0	1.0	0.25	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			909	127	2550	11.06	*4.01	*1133.1	*13724	*96.68	*7 *3.2%	49.73 21.9%	82.61 36.3%	45.85 45.4%	16.69 16.5%	*0.00 *0.0%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

Fri - 04/20/2018																
DINNER K-12	Total	1														
BLANK	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*

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Weighted Daily Average % of Calories			*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

Mon - 04/23/2018																
DINNER K-12	Total	10														
PULLED PORK SANDWICH NO BBQ	SANDWIC	10	340	40	1150	*4.00	3.60	20.0	100	2.4	*N/A*	18.0	40.0	12.0	4.00	*0.00
RANCH BEANS, .25 CUP	1/2 CUP	10	74	0	14	3.35	1.21	26.7	165	3.11	*1	4.43	13.65	0.3	0.06	*0.00
FRIES, STEAK .25 CUP (5 FRIES)	.25 CUP	10	67	0	240	1.33	0.24	0.0	0	4.0	1	1.33	12.01	2.0	0.00	0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			602	*43	1518	*10.71	*5.50	*214.5	*993	*28.33	*6 *3.9%	*28.75 *19.1%	89.80 59.7%	14.80 22.1%	4.15 6.2%	*0.00 *0.0%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

Tue - 04/24/2018																
DINNER K-12	Total	10														
CHICKEN, SOUR CREAM AND ONION	SERVING	10	545	72	989	*3.97	2.95	104.9	534	*4.87	*1	29.92	51.25	24.96	6.05	*0.00
RICE,BROWN,UNCLE BEN'S, 1/3 C	1/3 CUP	1	74	0	2	*0.00	0.64	1.1	0	0.0	*N/A*	1.75	16.18	0.0	0.00	*0.00
PEAS & CARROTS, 1/3 Cup	1/3 CUP	10	58	0	92	3.47	0.42	23.1	2888	6.93	*N/A*	3.47	10.4	0.0	0.00	0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
BREADSTICKS, PARBAKED	1 STICK	10	120	0	220	1.00	*N/A*	20.0	0	0.0	1	5.0	25.0	0.5	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			967	*75	1602	*14.85	*5.28	*358.4	*7365	*47.54	*8 *3.4%	*47.91 *19.8%	130.37 53.9%	29.30 27.3%	6.64 6.2%	*0.00 *0.0%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 04/25/2018																
DINNER K-12	Total	10														
HAMBURGER ON A BUN	SERVING	5	411	76	521	0.76	3.26	60.5	45	0.55	3	26.38	21.05	23.92	9.47	0.01
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	5	5	0	1	0.36	0.10	3.5	466	3.49	1	0.25	1.06	0.06	0.01	0.00
HOT DOG, BEEF	frank	5	160	35	590	*N/A*	0.36	0.0	*N/A*	*N/A*	*N/A*	6.0	1.0	15.0	7.00	*N/A*
POTATO SALAD-.25 CUP	.25 CUP	10	80	3	150	1.23	0.46	9.5	44	10.43	*1	1.15	11.14	3.73	0.62	*0.00
BAKED BEANS (VEGETARIAN)	SERVINGS	10	160	0	453	5.85	2.09	66.5	223	2.2	*18	6.68	36.7	0.66	0.11	*0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			765	*62	1461	*14.06	*6.26	*318.2	*4465	*50.40	*27	*33.49	101.49	27.72	9.56	*0.01
% of Calories											*14.3%	*17.5%	53.1%	32.6%	11.2%	*0.0%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

Thu - 04/26/2018																
DINNER K-12	Total	1														
Cook's Choice	1 Each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
% of Calories												*N/A%*	*N/A%*	*N/A%*	*N/A%*	*N/A%*
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

Fri - 04/27/2018																
DINNER K-12	Total	1														
BLANK	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
% of Calories												*N/A%*	*N/A%*	*N/A%*	*N/A%*	*N/A%*
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

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# NMSVH

Apr 9, 2018 thru Apr 30, 2018

## Base Menu Spreadsheet

DINNER K-12

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 04/30/2018																
DINNER K-12	Total	10														
MEAT BALL SUB, RTH, w/SWISS	1 SAND WICH BAG	10	506	*74	1720	2.11	3.80	287.4	675	21.19	*N/A*	20.43	37.05	30.76	11.90	*0.00
CHIPS, BBQ, BAKED, LAY'S, 1-1/3 CUP	1 BAG	1	140	0	240	2.00	0.00	20.0	0	2.4	*N/A*	2.0	24.0	3.5	0.50	0.00
GREEN BEANS:Seasoned	1/3 CUP	10	11	0	5	0.89	0.16	9.0	89	0.53	*0	0.44	1.78	0.0	0.00	0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			653	*77	1862	*5.23	*4.40	*466.2	*1492	*40.78	*5	*26.06	65.37	31.61	12.04	*0.00
% of Calories											*2.8%	*16.0%	40.1%	43.6%	16.6%	*0.0%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

Weighted Average			498	*40	1058	*7.42	*3.03	*279.5	*4769	*33.96	*6	*23.52	*65.48	16.16	*4.76	*N/A*
											*11.7%	*18.9%	*52.6%	29.2%	*8.6%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	498		785	63%		287		Correction Required - Calories are Low
Cholesterol (mg)	40				Missing			
Sodium 1 (mg)	1058		1000				58	Correction Required - Sodium too High
Sodium 2 (mg)	1058						1058	
Fiber (g)	7.42		8.67	86%	Missing	1.25		Correction Required - Fiber is Low
Iron (mg)	3.03		4.23	72%	Missing	1.20		Correction Required - Iron is Low
Calcium (mg)	279.5		370.45	75%	Missing	90.96		Correction Required - Calcium is Low
Vitamin A (IU)	4769		1426	335%	Missing			
Sugars (g)	6	5.21%			Missing			
Vitamin C (mg)	33.96		17.42	195%	Missing			
Protein (g)	23.52	18.88%	14.56	162%	Missing			
Carbohydrate (g)	65.48	52.56%			Missing			
Total Fat (g)	16.16	29.19%	<=30.00%					
Saturated Fat (g)	4.76	8.60%	<10.00%					
Trans Fat <sup>1</sup> (g)	*N/A*				Missing			

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